



Royal Lymington Yacht Club
2023 Cape 31 National Championship
Sponsored by HYS
8th to 11th June

SAILING INSTRUCTIONS

The Organizing Authority is the Royal Lymington Yacht Club

1. RULES

- 1.1. The event is governed by the rules as defined in the Racing Rules of Sailing (RRS).
- 1.2. Boats in the Lymington River sailing to/from the race area shall not cause the Wightlink ferry to take avoiding action and shall follow instructions from officials to ensure safe passage.
- 1.3. Boats are required to display bow numbers supplied and applied by the class association. This rule is not subject to protest by boats, changing RRS 60.1.

2. CHANGES TO SAILING INSTRUCTIONS

- 2.1. Any changes to the sailing instructions will be posted before 0900 on the day it will take effect, except that any change to the schedule of races will be posted by 2000 on the day before it will take effect.

3. COMMUNICATION WITH COMPETITORS

- 3.1. Notices to competitors will be posted on the online official notice board located at <https://cms.cape31class.com/racing/regatta/3>
- 3.2. The race office is located at Royal Lymington Yacht Club, telephone 01590 672 677, email kirsty@rlymyc.org.uk.
- 3.3. On the water, the race committee intends to broadcast race information and course information by VHF Ch P4/M2.
- 3.4. Competitors wishing to communicate with the race committee should do so on VHF Ch 77.
- 3.5. The Event Messaging System will be via Telegram messaging system to mobile numbers provided by competitors. for communications specified in the Sailing Instructions. Full details are available in the [Regatta Information Pack](#).
- 3.6. [DP] Whilst racing, except in an emergency, a boat shall not make voice or data transmissions and shall not receive voice or data communication that is not available to all boats.

4. CODE OF CONDUCT

- 4.1. [DP] Competitors and support persons shall comply with reasonable requests from race officials.

5. SIGNALS MADE ASHORE

- 5.1. Signals made ashore will be displayed from a flagstaff on the upper balcony of the Club.

- 5.2. On any day when the race area is expected to be Christchurch Bay, Flag C will be displayed ashore by 0830.
- 5.3. When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 90 minutes' for races in Christchurch Bay and with 'not less than 60 minutes' for races in the Solent. This changes RRS Race Signals.

6. SCHEDULE OF RACES

- 6.1. See NoR 9.
- 6.2. To alert boats that a race will begin soon, the orange starting line flag will be displayed with multiple sounds at least five minutes before a warning signal is made.

7. CLASS FLAG

- 7.1. The class flag is a black flag displaying the Cape 31 logo.

8. RACING AREA – see NoR 12.2 and SI 5.2

9. COURSES

- 9.1. The diagrams in SI Addendum 1 shows the windward/leeward courses.
- 9.2. For a windward/leeward course, no later than the warning signal, the race committee signal vessel will display the course, the approximate compass bearing of the first leg and length of the first leg.
- 9.3. In cross-tide wind conditions, after the first leg or a windward/leeward course, subsequent legs of the course may be 'walked' down tide to achieve reasonable windward and leeward legs.
 - 9.3.1. Flag W will be displayed at or before the warning signal for a race where the course will be 'walked' down tide.
 - 9.3.2. When Flag W has been displayed, no course change signals (using Flag C) or new marks will be used except when the length is being increased or decreased or the course is changed for a wind shift. This changes RRS Race Signals and RRS 33.
- 9.4. For a round-the-cans course:
 - 9.4.1. The course will be announced by VHF using the Solent Area Mark Codes 2023 published by SCRA at <https://www.scra.org.uk/assets/documents/pr-marks-2023-06feb.pdf>.
 - 9.4.2. The course may include additional inflatable marks and their description and location will be announced by VHF.
 - 9.4.3. Courses will be transmitted as soon as possible after the display of the orange flag, but no later than the warning signal. In addition, the course will be notified using the Event Messaging System.

10. MARKS

- 10.1. The starboard end starting mark will be the committee signal vessel and the port end starting mark will be a large blue inflatable mark.
- 10.2. An inner limit mark - an orange inflatable mark - may be laid and shall have the same required side as the committee signal vessel.
- 10.3. The finishing marks will be a committee vessel and a large blue inflatable mark.
- 10.4. For windward/leeward courses:
 - 10.4.1. The other marks of the course are:

Mark 1	Large yellow inflatable
Mark 1a	Pillar yellow inflatable
Marks 4s and 4p	Large orange inflatables

10.4.2. New marks as provided in SI13 are:

Mark 1	Large black inflatable
Mark 1a	Pillar black inflatable
Marks 4s and 4p	Large orange inflatables, one with blue vertical stripes and one with blue horizontal stripes

10.4.3. If only one mark is present at a leeward gate, it shall be rounded to port.

10.4.4. A race committee vessel positioned near a mark may display a flag showing the colour of the next mark (yellow, black, orange, orange with dark horizontal stripes) except for the final leg to the finish line.

11. **OBSTRUCTIONS** – not used.

12. THE START

12.1. The starting line is between a staff displaying an orange flag on the signal vessel and the course side of the port end starting mark.

12.2. If any part of a boat's hull is on the course side of the starting line at the start and she is identified, the race committee will attempt to broadcast her sail number or bow number on VHF channel P4/M2. If multiple boats are OCS, this broadcast may be made up to 30 seconds or more after the start. Failure to make a broadcast or a delay in broadcast will not be grounds for a request for redress. This changes RRS 62.1(b),.

12.3. A boat that does not start within five minutes after her starting signal will be scored Did Not Start without a hearing. This changes RRS A5.1 and A5.2.

13. CHANGE OF THE NEXT LEG OF A WINDWARD/LEEWARD COURSE

13.1. When a change of the next leg of the course has been signalled, the race committee will lay a new mark(s) (or move the finishing line) and remove the original mark(s) as soon as practicable.

13.2. The race committee will announce details of any change under SI 31.1 using VHF Ch P4/M2. Failure of a boat to hear such an announcement will not be grounds for a request for redress. This changes RRS 62.1(a).

13.3. The position of any mark(s) may be adjusted by up to plus or minus 10 degrees relative to previous location and up to approximately 200 metres to windward or leeward without signalling Flag C, a direction signal, a length signal, a sound signal or using VHF. This changes RRS 33.

14. THE FINISH

14.1. The finishing line is between a staff displaying a blue flag on a committee vessel and the course side of the finishing mark.

15. **PENALTY SYSTEM** - see NoR 14.

16. TIME LIMITS AND TARGET TIMES

- 16.1. The Mark 1 time limit, Race Time Limit (see RRS 35), Finishing Window and Target Race Time are shown in the table below:

Mark 1 Time Limit	Race Time Limit	Finishing Window	Target Race Time
40 minutes	90 minutes	15 minutes	50-60 minutes

- 16.2. If no boat has passed the first mark within the Mark 1 Time Limit, the race will be abandoned.
- 16.3. The Finishing Window is the time for boats to finish after the first boat sails the course and finishes. Boats failing to finish within the Finishing Window, and not subsequently retiring, penalized or given redress, will be scored Time Limit Expired (TLE) without a hearing. A boat scored TLE shall be scored points for the finishing place one place more than the points scored by the last boat that finished within the Finishing Window. This changes RRS 35, A5.1, A5.2 and A10.
- 16.4. Failure to meet the Target Race Time will not be grounds for redress. This changes RRS 62.1(a).

17. HEARING REQUESTS

- 17.1. The protest time limit is 90 minutes after the last boat finishes the last race of the day or the race committee signals no more racing today, whichever is the later. This time will be posted on the official notice board.
- 17.2. Hearing request forms are available from the Race Office at Royal Lyminster Yacht Club.
- 17.3. Notices will be posted no later than 30 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held in the protest room at Royal Lyminster Yacht Club.

18. SCORING – see NoR 15

19. SAFETY REGULATIONS

- 19.1. See SI 1.3.
- 19.2. Boats should check in with the race committee signal vessel each day before the warning signal of their first race, by passing close on the starboard side of the signal vessel on port tack.
- 19.3. A boat that retires from a race shall notify the race committee using VHF Ch 77 before leaving the race area, by using the Event Messaging System or by telephoning the race office on 01590 672 677.

20. REPLACEMENT OF CREW OR EQUIPMENT

- 20.1. [DP] Substitution of competitors is not allowed without prior written approval of the race committee.

21. EQUIPMENT AND MEASUREMENT CHECKS

- 21.1. A boat or equipment may be inspected at any time for compliance with the class rules, notice of race and sailing instructions.

22. SUPPLIED BOATS – not used

23. OFFICIAL VESSELS

- 23.1. Official boats will be marked as follows:

23.1.1. Race committee vessels – a white flag with a blue Lentune ship thereon.

23.1.2. Jury - a flag displaying 'J' or 'Jury'.

24. SUPPORT TEAMS – see NoR 16.

25. TRASH DISPOSAL

25.1. RRS 47 applies.

26. BERTHING – see NoR 18.

27. HAUL-OUT RESTRICTIONS – see NoR 19.

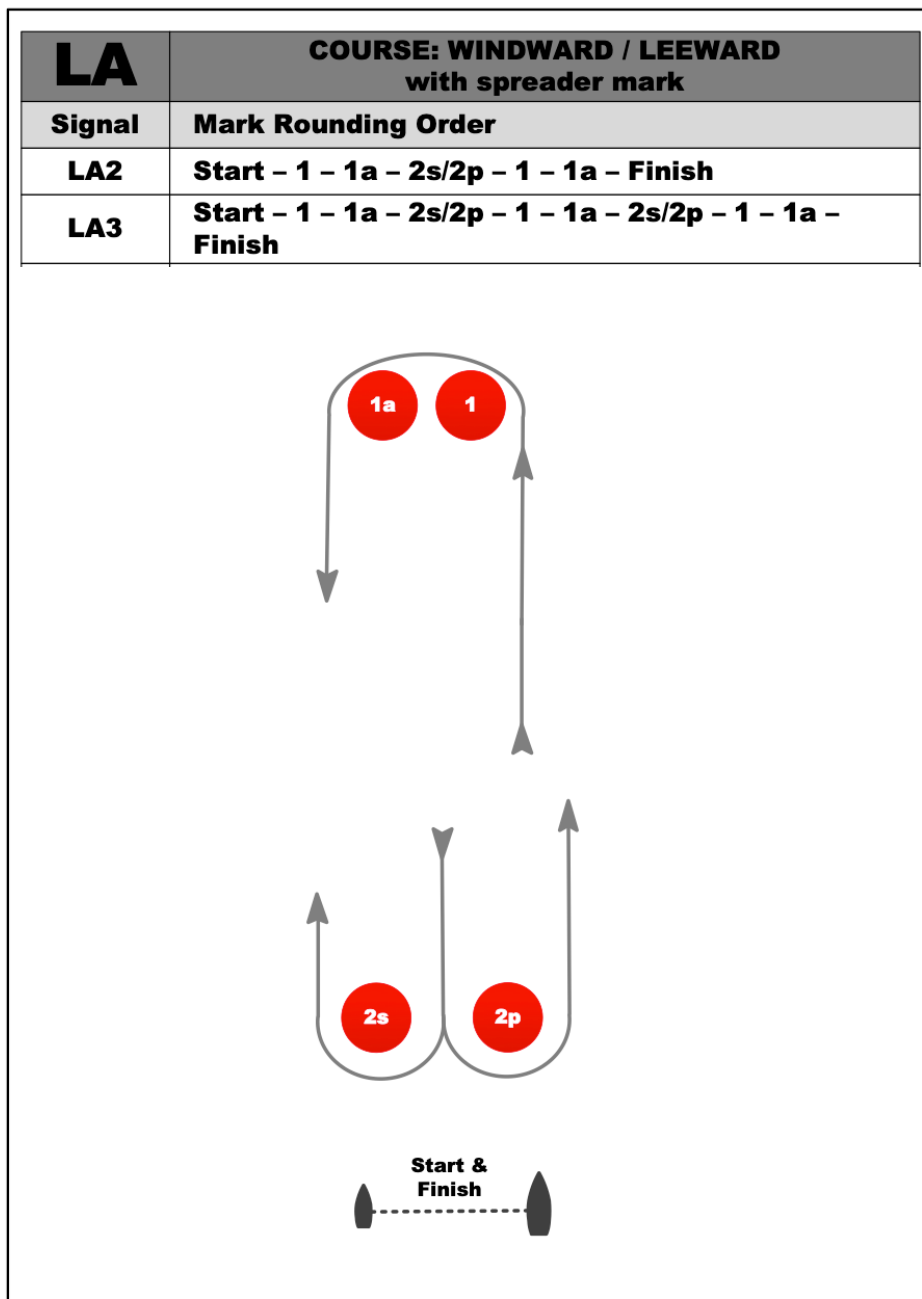
28. DIVING EQUIPMENT AND PLASTIC POOLS – see NoR 20.

29. PRIZES – see NoR 24.

30. RISK STATEMENT – see NoR 22.

31. INSURANCE – see NoR 23.

Addendum 1



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