



ROYAL SOUTHERN  
— YACHT CLUB —



# Sailing Instructions

Royal Southern Yacht Club

Cape 31 Round 1

12<sup>th</sup> – 14<sup>th</sup> April 2024

[NP] denotes a rule that shall not be grounds for protest by a boat and for which the International Jury may refuse to hold a hearing. This changes RRS 60.1(a) and 63.1.

## **1. RULES**

- 1.1. The event will be governed by the rules as defined in the Racing Rules of Sailing (RRS).

## **2. CHANGES TO SAILING INSTRUCTIONS**

- 2.1. Any change to the Sailing Instructions will be posted on the Official Noticeboard at least two hours before the start of the first race in which the change takes effect, except that any change to the schedule of races will be posted before 1900 on the previous day.

## **3. COMMUNICATIONS WITH COMPETITORS**

- 3.1. Notices to competitors will be posted on the Official Noticeboard:  
<https://cms.cape31class.com/racing/regatta/36>
- 3.2. On the water, the Race Committee intends to monitor and communicate with competitors on VHF channel 06.
- 3.3. Messages to competitors from the Race Committee may also be posted on the Competitors' WhatsApp group, but these are for information only and errors, contradictions or anomalies will not be grounds for redress. This changes RRS 62.1(a). The WhatsApp group may be joined using this link:  
<https://chat.whatsapp.com/JTGnr7D97pt1108t8VUDkP>

## **4. CODE OF CONDUCT**

- 4.1. [NP][DP] Competitors and support persons shall comply with reasonable requests from Race Officials.

## **5. SIGNALS MADE ASHORE**

- 5.1. No signals will be displayed ashore.

## **6. SCHEDULE OF RACES**

- 6.1. See NoR 9.

## **7. CLASS FLAGS**

- 7.1. The class flag will be the Cape 31 logo on a black field.

## **8. RACING AREA**

- 8.1. The racing area will be in the Eastern or Central Solent.

## **9. COURSES**

- 9.1. The courses which may be sailed are illustrated in Attachment A which shows the course, including the approximate angle between legs, the order in which marks are to be passed, and the side on which each mark is to be left.
- 9.2. No later than the warning signal, the Race Committee will broadcast via VHF the course to be sailed and may broadcast the approximate compass bearing and distance to the first mark.

## **10. MARKS**

- 10.1. Marks 1 and 1a will be black inflatable buoys.
- 10.2. Marks 4s/p will be orange inflatable buoys.
- 10.3. The starting marks will be the Race Committee Vessel displaying an Orange flag and an orange inflatable buoy.
- 10.4. The finishing marks will be the Race Committee Vessel displaying a Blue flag and an orange inflatable buoy.

## **11. NOT USED**

## **12. THE START**

- 12.1. To alert boats that a race or sequence of races will begin soon, the Orange flag will be displayed with one long sound signal at least five minutes before a warning signal is displayed.
- 12.2. The starting line will be between the mast displaying an orange flag on the Committee Vessel at the starboard end, and the course side of the port end starting mark.
- 12.3. A boat shall not start more than 4 minutes after her starting signal.

## **13. CHANGE OF THE NEXT LEG OF THE COURSE**

- 13.1. To change the next leg of the course, the Race Committee will move the original mark (or the finishing line) to a new position.

## **14. THE FINISH**

- 14.1. The finishing line will be between the mast displaying a blue flag on the Committee Vessel and the course side of the other finishing mark.

## **15. PENALTY SYSTEM**

- 15.1. See NoR 14.
- 15.2. [NP] denotes a rule that shall not be grounds for protest by a boat and for which the International Jury may refuse to hold a hearing. This changes RRS 60.1(a) and 63.1.

## **16. TIME LIMITS AND TARGET TIMES**

- 16.1. The target time for each race is 45 minutes. Failure to meet the target time shall not be grounds for redress. This changes RRS 62.1(a).
- 16.2. The mark 1 time limit is 20 minutes. If no boat has passed the first mark within the mark 1 time limit, the race will be abandoned. This shall not be grounds for redress. This changes RRS 62.1(a).
- 16.3. The race time limit is 90 minutes. If no boat has finished within the race time limit, the race will be abandoned. This shall not be grounds for redress. This changes RRS 62.1(a).
- 16.4. Boats still racing more than 20 minutes after the first boat finishes shall be awarded the points for the place behind the last yacht, which has finished the race within this time. This changes RRS A5.

## **17. HEARING REQUESTS**

- 17.1. Boats intending to protest must inform the Race Committee as soon as possible after finishing, or at a convenient time if retiring.
- 17.2. Hearing request forms will be available from the Race Office in the Sailing Office of the Royal Southern Yacht Club. Protest and requests for redress reopening shall be delivered to the Race Office, or emailed to [sailing@royal-southern.co.uk](mailto:sailing@royal-southern.co.uk), within the protest time limit. Contact mobile phone numbers should be included on the protest form.
- 17.3. The protest time limit is 40 minutes after the Race Committee Vessel berths in the PPYH after racing or 40 minutes after the Race Committee signals no more racing today, whichever is later.
- 17.4. Notices will be posted no later than 30 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses and the location of any hearing.
- 17.5. Notices of protests by the Race Committee, Technical Committee, or Protest Committee will be posted to inform boats under RRS 61.1(b).

## **18. SCORING**

- 18.1. See NoR 15.

## **19. SAFETY REGULATIONS**

- 19.1. [NP][DP] A boat that retires from a race shall notify the Race Committee as soon as possible on VHF or by hailing an official vessel.

## **20. REPLACEMENT OF CREW OR EQUIPMENT**

20.1. [NP] Replacement of crew may only be made with the prior written permission of the Race Committee which will only be given in exceptional circumstances. To request permission email [sailing@royal-southern.co.uk](mailto:sailing@royal-southern.co.uk).

## **21. EQUIPMENT AND MEASUREMENT CHECKS**

21.1. A boat or equipment may be inspected at any time for compliance with the Class Rules and Sailing Instructions.

## **22. NOT USED**

## **23. NOT USED**

## **24. SUPPORT TEAMS**

24.1. Support Person Vessels shall register at, or before, registration with the Race Committee at which point they will be issued with either written or verbal instructions with which they shall comply.

## **25. NOT USED**

## **26. BERTHING**

26.1. See NoR 18.

## **27. HAUL-OUT RESTRICTIONS**

27.1. See NoR 19.

## **28. DIVING EQUIPMENT AND PLASTIC POOLS**

28.1. See NoR 20.

## **29. PRIZES**

29.1. Prizes will be awarded after the conclusion of racing in the Royal Southern Yacht Club at the discretion of the Organising Authority. The target time for prize giving is 1600.

## **30. RISK STATEMENT**

30.1. See NoR 22.

## **31. INSURANCE**

31.1. See NoR 23.

# Attachment A

## Windward-Leeward Courses

### Course Illustrations – Windward Leeward

L	W																
<p><b>Course: Leeward finish</b></p> <table border="0"> <thead> <tr> <th style="text-align: left;">Signal</th> <th style="text-align: left;">Mark Rounding Order</th> </tr> </thead> <tbody> <tr> <td>L2</td> <td>Start – 1 – 4s/4p – 1 – Finish</td> </tr> <tr> <td>L3</td> <td>Start – 1 – 4s/4p – 1 – 4s/4p – 1 – Finish</td> </tr> <tr> <td>L4</td> <td>Start – 1 – 4s/4p – 1 – 4s/4p – 1 – 4s/4p – 1 – Finish</td> </tr> </tbody> </table>	Signal	Mark Rounding Order	L2	Start – 1 – 4s/4p – 1 – Finish	L3	Start – 1 – 4s/4p – 1 – 4s/4p – 1 – Finish	L4	Start – 1 – 4s/4p – 1 – 4s/4p – 1 – 4s/4p – 1 – Finish	<p><b>Course: Windward Finish</b></p> <table border="0"> <thead> <tr> <th style="text-align: left;">Signal</th> <th style="text-align: left;">Mark Rounding Order</th> </tr> </thead> <tbody> <tr> <td>W2</td> <td>Start – 1 – 4s/4p – Finish</td> </tr> <tr> <td>W3</td> <td>Start – 1 – 4s/4p – 1 – 4s/4p – Finish</td> </tr> <tr> <td>W4</td> <td>Start – 1 – 4s/4p – 1 – 4s/4p – 1 – 4s/4p – Finish</td> </tr> </tbody> </table>	Signal	Mark Rounding Order	W2	Start – 1 – 4s/4p – Finish	W3	Start – 1 – 4s/4p – 1 – 4s/4p – Finish	W4	Start – 1 – 4s/4p – 1 – 4s/4p – 1 – 4s/4p – Finish
Signal	Mark Rounding Order																
L2	Start – 1 – 4s/4p – 1 – Finish																
L3	Start – 1 – 4s/4p – 1 – 4s/4p – 1 – Finish																
L4	Start – 1 – 4s/4p – 1 – 4s/4p – 1 – 4s/4p – 1 – Finish																
Signal	Mark Rounding Order																
W2	Start – 1 – 4s/4p – Finish																
W3	Start – 1 – 4s/4p – 1 – 4s/4p – Finish																
W4	Start – 1 – 4s/4p – 1 – 4s/4p – 1 – 4s/4p – Finish																

LA / WA	Course: Windward/leeward with offset mark 1a														
	<table border="0"> <thead> <tr> <th style="text-align: left;">Signal</th> <th style="text-align: left;">Mark Rounding Order</th> </tr> </thead> <tbody> <tr> <td>LA2</td> <td>Start – 1 – 1a – 4s/4p – 1 – 1a – Finish</td> </tr> <tr> <td>LA3</td> <td>Start – 1 – 1a – 4s/4p – 1 – 1a – 4s/4p – 1 – 1a – Finish</td> </tr> <tr> <td>LA4</td> <td>Start – 1 – 1a – 4s/4p – 1 – 1a – 4s/4p – 1 – 1a – 4s/4p – 1 – 1a – Finish</td> </tr> <tr> <td>WA2</td> <td>Start – 1 – 1a – 4s/4p – Finish</td> </tr> <tr> <td>WA3</td> <td>Start – 1 – 1a – 4s/4p – 1 – 1a – 4s/4p – Finish</td> </tr> <tr> <td>WA4</td> <td>Start – 1 – 1a – 4s/4p – 1 – 1a – 4s/4p – 1 – 1a – 4s/4p – Finish</td> </tr> </tbody> </table>	Signal	Mark Rounding Order	LA2	Start – 1 – 1a – 4s/4p – 1 – 1a – Finish	LA3	Start – 1 – 1a – 4s/4p – 1 – 1a – 4s/4p – 1 – 1a – Finish	LA4	Start – 1 – 1a – 4s/4p – 1 – 1a – 4s/4p – 1 – 1a – 4s/4p – 1 – 1a – Finish	WA2	Start – 1 – 1a – 4s/4p – Finish	WA3	Start – 1 – 1a – 4s/4p – 1 – 1a – 4s/4p – Finish	WA4	Start – 1 – 1a – 4s/4p – 1 – 1a – 4s/4p – 1 – 1a – 4s/4p – Finish
Signal	Mark Rounding Order														
LA2	Start – 1 – 1a – 4s/4p – 1 – 1a – Finish														
LA3	Start – 1 – 1a – 4s/4p – 1 – 1a – 4s/4p – 1 – 1a – Finish														
LA4	Start – 1 – 1a – 4s/4p – 1 – 1a – 4s/4p – 1 – 1a – 4s/4p – 1 – 1a – Finish														
WA2	Start – 1 – 1a – 4s/4p – Finish														
WA3	Start – 1 – 1a – 4s/4p – 1 – 1a – 4s/4p – Finish														
WA4	Start – 1 – 1a – 4s/4p – 1 – 1a – 4s/4p – 1 – 1a – 4s/4p – Finish														